

# One Step Home Pregnancy Test

For in-vitro diagnostic use only.  
Not to be taken internally.

**Read this entire pamphlet carefully before performing the test.**

Familiarise yourself with content of test kit described and shown below:

Sealed protecting pouch containing

- A. One test stick
- B. One packet of moisture absorbent  
(This packet is for preserving the freshness of the test stick. This packet is **NOT** to be used with the test and should be discarded)

## "Do"s

- Store test kit at normal room temperature (15 to 30° C) keep away from direct sunlight and other heat sources.
- Keep out of reach of children.

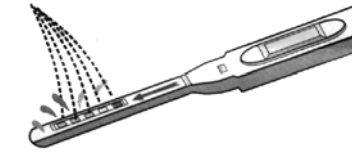
## "Don't"s

- Do not open pouch until ready to perform test.
- Do not use test after expiry date stamped on package.
- Do not FREEZE.
- Do not re-use test stick.
- Do not take internally.

## INSTRUCTIONS

1. When you are ready to begin testing, open the sealed pouch by tearing along the notch. Remove test stick from the pouch.
2. Remove the cap.

3. Pointing the absorbent tip downward, place the absorbent tip in your urine stream for at least 5 seconds to get thoroughly wet.



4. You may replace the cap. Place the stick flat on a clean dry surface with the windows facing up.
5. Wait 5 minutes before reading results.

## READING YOUR RESULTS

When a purple-reddish band appear in the smaller Control Window, the test has worked properly. You must wait for the full 5 minutes before reading your test result.

If there is no colour band in the Control Window in 5 minutes, the test is invalid. Repeat with a fresh test kit.

### Positive - Pregnant

Presence of 2 colour bands in the Result window.

It does not matter if one band is fainter than the band.

You can assume you are pregnant, consult your doctor to confirm the pregnancy and for proper prenatal care.

### Negative - Not pregnant

Only one visible colour band in the Result Window. You can assume you are not pregnant.

If after one week you still have not started menstruating, repeat with another One Step Home Pregnancy Test. If test is still negative, consult

your doctor immediately.

### Invalid

No visible band - result is invalid and you should repeat the test with a fresh test kit.

## LIMITS OF THE TEST

One Step Home Pregnancy Test is highly accurate in detecting pregnancy. False test results (positive when no pregnancy exists or negative when pregnancy exists) may occur in extremely rare incidence . See your doctor if you get unexpected or inconsistent results.

Certain health conditions and medications may affect the test results. Contraceptives, pain killers, antibiotics and most common drugs do not affect the test results.

One Step Home Pregnancy Test is not meant to replace doctor's consultation.

## QUESTIONS AND ANSWERS

Q. How does One Step Home Pregnancy Test work?

A. When pregnancy occurs, a special hormone call hCG (human chorionic gonadotropin) is secreted by your body and passed to the urine. The test detects the presence of hCG in urine as an indicator for pregnancy,

Q. Can I do the test anytime of the day?

A. YES. You can collect the urine sample to perform the test any time during the day. Water and liquid taken during the day may dilute the hCG. If you are testing about the time your period is due, we suggest you use the first morning urine.

Q. Am I pregnant if one band is darker than the other?

A. Yes. If there is minute quantity of hCG in urine (e.g. beginning of pregnancy) the lower band will be lighter than the upper band. When there is a high level of hCG in the urine, the lower band will be darker then the upper band.

Q. Can the result change from standing for a period of time?

A. Yes. It is important that you read the results within 5 minutes. The reagents on the stick continue to react even after the 5 minute reading time. Negative result in 5 minutes means you are not pregnant though this negative result may turn to positive after the test stick has been standing for a period of time. Do not read after 10 min.

Q. If the test result in negative, what should I do?

A. A negative result means hCG was not detected and you are probably not pregnant. However, if your period does not start in a few day, repeat the test with another One Step Home Pregnancy Test. If the second test is still negative and you have not menstruated, you should see your doctor.

Q. Can medicines affect the result?

A. Test results should not be affected by common pain killers (such as acetaminophen and acetylsalicylic acid), contraceptive pills, or caffeine. Certain fertility drugs may cause inaccurate results.

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